

SCHOOL LUNCH LETTER

FY2025(R7) January

<Etajima city School lunch center>

Although the cold days still continuing, make sure to wash your hands thoroughly and gargle properly, eat a well-balanced diet, get adequate exercise, and ensure sufficient sleep to boost your immunity and build a body to fight colds.

Introduce Request menu

Kanokawa Elementary school 6th grader

Served on November 26th (Wed)



To make the eggs fluffy, beat them well beforehand.

- Wakame rice
- Fried chicken
- Plum cucumber
- Egg drop soup
- Cocoa bavaerois

【Impressions】

- Today's lunch was delicious again. Kanokawa elementary's taste is excellent.
- The fried chicken coating was crispy and delicious. The classic egg drop soup was rich and flavorful too.

Kirikushi Elementary school 6th grader

Served on December 10th (Wed)



Slice the lotus root thinly, then dry and fry it. It's crispy and fried to perfection.

- Wakame rice
- Flavoring for milk
- Lotus root chips
- Consomme soup
- Apple

【Impressions】

- Today's lunch menu was so good! I want to eat the set again!
- Apple was so juicy and delicious.
- Lotus root chips was crispy and delicious.

Etajima Elementary school 6th grader

Served on December 2nd (Tue)



Wakame rice is so popular!

- Wakame rice
- Teriyaki chicken
- Perilla marinated
- Chinese cabbage miso soup
- Cocoa Bavaerois

【Impressions】

- The wakame rice and teriyaki chicken went really well together. The cabbage miso soup was perfect for warming up on a winter day. The cocoa bavaerois was incredibly delicious.
- I thought it was well balanced and good.

Ofuru Elementary school 6th grader

Served on December 17th (Wed)



Warm ramen is a popular menu item during the cold season. The pudding served in school lunches is also delicious.

- Soy sauce ramen
- Tuna & cucumber
- Pudding

【Impressions】

- The requested menu was absolutely delicious. Thank you to all the 6th graders at Ofuru Elementary School.
- The soy sauce ramen was delicious. The noodles were chewy.
- I absolutely love soy sauce ramen, so that's awesome!!

Every school's menu was popular and delicious. The request menu will continue through February. Please look forward to what menus will appear.

School lunch message from students

12/ 1(Mon) Sukiyaki is good for this cold season. That's just perfect. It warmed my heart. (Etajima elementary school 5th grader)

12/ 3(Wed) Ricchan salad was delicious. (Kanokawa elementary school 1st grader)

12/ 5(Fri) It's takes a lot to make deep fried bread with kinako powder so that I thought "I will savor it even more!". (Kirikushi elementary school 4th grader)

12/ 9(Tue) The Chinese-style mixed rice was delicious and had a nice chewy texture. (Nakamachi elementary school 3rd grader)

12/15(Mon) Korean soup was delicious! Especially the Korean rice cake! I want you to cook again. (Etajima junior high school 3rd grader)

12/16(Tue) The turnip miso soup was delicious. We don't usually make deep fried mackerel at home, so it feels really special. (Noumi junior high school 2-2)

