

# SCHOOL LUNCH MENU

FY2025(R7) February

<Etajima city school lunch center>

The 3<sup>rd</sup> semester has begun and already past a month since the beginning of school year. Although it's spring on the calendar, February is the coldest month of the year. It's a time when it's easy to get sick. Let's eat well-balanced

## The "Hiroshima School Lunch" menu is finalized!

Please search for "Hiroshima school lunch promotion project" on the website. You can find information on ingredients and how to prepare and how to make them.

The "Hiroshima school lunch promotion project" was implemented in the 2025 school year. The purpose of this project is to promote to the correct knowledge of food through school, home and regional cooperation. Through the promotion of food education, we aim to develop students who have acquired a sound knowledge of food and good eating habits.



**Food and Nutrition education Theme: Challenge the world's cuisines!!**

~Rediscovering the Appeal of Local Ingredients~



This menu was selected through a public vote, featuring recipes using ingredients from Hiroshima prefecture that are simple to prepare at home.



「Hiroshima school lunch」Menu

### 「Hiroshima School lunch」 Gapao rice (Holy basil stir-fry) with crispy Hiroshima-na cabbage

Hiroshima-na cabbage enforces the texture while allowing you to enjoy and also we can eat meat, vegetables and rice together.

Gapao rice that even children who dislike vegetables will find easy to eat.

Recipe created by 2<sup>nd</sup> grade of junior school student living in Hiroshima prefecture  
We will adapt it for school meals and serve it on Friday, 27th February.

## Introduce Request menu

Noumi junior high school  
3-1

Served on  
January 13<sup>th</sup> (Tue)

Enou-bunkyu Elementary  
and Junior high school

Served on  
January 21<sup>st</sup> (Wed)



- Rice
- Fried chicken
- Grass noodles salad
- Egg drop soup
- Baked pudding



- Soysauce ramen
- Cabbage with salted kelp
- Pudding



### 【Impressions】

- It's full of my favorite dishes, yet it's nutritious and delicious.
- All dishes are delicious. The best school lunch menu.
- All dishes are delicious and awesome.★★★
- I understand how Noumi-junior high school class 3-1 feels.  
It's popular school lunch.

### 【Impressions】

- Many ingredients in the ramen and match with cabbage was delicious. The transition from salty flavor to sweetness was excellent.
- Soysauce ramen was delicious. I would eat it again.
- The pudding was cold and delicious.



## School lunch message from students



1/ 8(Thu) Happy New year. The new year's dishes was delicious. (Kirikushi elementary school 4<sup>th</sup>grader)

1/ 8(Thu) The new year's dishes was so tasty such as Mochi balls and Namasu(pickled daikon and carrot) I hope to take good care of my health this year as well. (Etajima juniot high school 1<sup>st</sup> grader))

1/15(Thu) The corn in the chinese egg soup was sweet and delicious. (Etajima elementary school 4<sup>th</sup> grader))

1/19(Fri) Today's school lunch was also delicious. I ate a lot and my stomach was full. School lunch is one of my favorite things.(at school) I look forward to eating school lunches from now on. (Noumi junior high school 1-2)